

Official Entry Form  
**2020 TBF MTB 50-Miler**  
Folsom Lake SRA - Granite Bay, CA



**Personal Information**

Last Name \_\_\_\_\_ Street Address \_\_\_\_\_  
First Name \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_  
Gender Male Female Phone \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Email \_\_\_\_\_  
Race Day Age \_\_\_\_\_ Team/Club \_\_\_\_\_

**Please complete the following registration information:**

**Category - Individual**

19 and under 20-29 30-39 30-39 40-49 50-59 60+ Single Speed

**2-person Relay**

Combined age <80 Combined age 80-100 Combined age 101+  
Single Speed Division Coed (1 male + 1 female) Relay Team Name \_\_\_\_\_

**4-person Relay**

Combined age <160 Combined age over 160  
Single Speed Division Coed (2 males + 1 females) Relay Team Name \_\_\_\_\_

**Prices**

	Until 5/31	Until Race Day	Race Day
TBF MTB 50 - Solo 50 miles	\$55	\$65	\$75
TBF MTB 50 - Solo 20 miles	\$40	\$50	\$60
TBF MTB 50 - 2-person team	\$80	\$100	\$110
TBF MTB 50 - 4-person team	\$130	\$165	\$180

**Please send completed form and check to:**

Total Body Fitness      Make checks payable to:  
5209 Blaze Ct.            **TOTAL BODY FITNESS**  
Rocklin, CA 95677      Total Amount Enclosed: \$ \_\_\_\_\_

**TBF Racing Refund Policy**

TBF Racing has a NO REFUND POLICY on all of our events. A refund requested prior to the Monday preceding the race will be given a TBF Racing Credit, set to expire at the end of the calendar year, for the amount of the entry fee minus a \$25 processing fee. CREDITS WILL NOT BE ISSUED DURING RACE WEEK.

**The following TBF Racing Release Waiver must be signed by all participants:**

ALL ATHLETES MUST READ CAREFULLY BEFORE SIGNING WAIVER AND RELEASE FROM LIABILITY. In consideration of my entry and of my own free will, I for myself, my heirs, executors and administrators forever waive, release and give up any claims, demands, liability damages, costs and expenses of any kind whatsoever, including personal injuries to me or wrongful death, against TOTAL BODY FITNESS, and all sponsors, subcontractors and volunteers which may rise caused in whole or in part by my or others negligence or other fault of the parties or persons I am hereby releasing by the dangerous condition of any property or equipment owned, maintained or controlled by them and, or by their liability without default. I AM AWARE OF ANY POTENTIAL HAZARDS AND I FULLY UNDERSTAND THAT I AM FOREVER GIVING UP IN ADVANCE ANY RIGHT TO SUE OR MAKE CLAIM AGAINST THE PARTIES I AM RELEASING IF I SUFFER SUCH INJURIES OR DAMAGES EVEN THOUGH I DO NOT KNOW WHAT OR HOW EXTENSIVE THOSE INJURIES OR DAMAGES MIGHT BE AND AM VOLUNTARILY ASSUMING THE RISK OF SUCH INJURIES AND DAMAGE. I have read and fully agree to the above.

**Signature** (Parent/Guardian if Under 18) \_\_\_\_\_ **Date** \_\_\_\_\_